

November Specials

HOLIDAY GIFT IDEAS

- **Massage Gift Cards (30, 45 or 60 min)**
- **Gift Card - \$125 Gift Card for Only \$100 Limit of 2**
- **BOGO -In Motion Stress Balls** (buy one at full price, get one free)

HOW HAVE YOU BENEFITTED FROM YOUR 2025 BENEFITS?

- **Compression Stockings – Sore legs and swollen ankles? Book a consult today.**
- **REHAB @ In Motion – Move more and hurt less!**
- **ORTHOTICS @ In Motion – The solution to your achy feet!**

November Birthday - \$75 GC for \$50

