

Holiday Shopping?

*Gift Your Loved Ones a
Healthy and Happy 2026!*

*Come in for Some Great Stocking
Stuffer Ideas!*

*Buy One Get One Free-In
Motion Stress Balls*

\$125 Gift Card for \$100

Limit 2 per person

December Birthday?

*Purchase a \$50 G.C.
& receive a \$25 G.C.*

December Specials



In Motion

Health – Wellness - Fitness

Pain Management | Rehabilitation | Injury Prevention