

February Specials & Events



SALE:

- ✓ Weight Loss Package - **GOLD**
 - ✓ Initial Nutrition Consult
 - ✓ Pantry Makeover
 - ✓ Let's Go Shopping
 - ✓ Two Feature Recipes
 - ✓ Three Subsequent Nutrition Sessions
 - ✓ **VALUE: \$480.00** **SALE: \$399.00**



Shaylin Aarsen, Nutritionist

- ✓ **WHOLE HEALTH OPTIMIZER**
 - ✓ 100% Recommended Daily Intake of Vitamins & Minerals per serving
 - ✓ Rich in protein, fibre, Omega 3 EFA's, antioxidants & phytonutrients
 - ✓ **REGULAR PRICE: \$74.95** **SALE: \$64.95**

- ✓ **TRANSFORMATION**
 - ✓ Initial Fitness Assessment & Follow-up Fitness Assessment
 - ✓ 72 Personal Training Sessions (& up to 72 "Free Trains")
 - ✓ **BONUS: FREE Initial Nutrition Assessment**
 - ✓ **VALUE: \$5470.00** **SALE: \$4470.00** **SALE: \$3970.00**
 - ✓ **SAVINGS OF \$1500.00**

EVENTS:

Grocery Store Tour - February 11th, 11:30am (only \$5)

Weight Loss Talk - February 11th, 12:30pm (only \$5)

Client Appreciation Day

February 25th, 9am-1pm

- Free - Yoga, Pilates, Bootcamps
- Free Nutritious Snacks
- Free Onsite Massages
- Free Weight Loss Talk
- Free Gaitscan Analysis